



## Join Our BMC2 Patient Advisory Council

**BMC2 is a network of doctors and other professionals who are experts in the health of blood vessels and the heart. The goal of BMC2 is to find ways to improve care and results for patients.**

**As a member of the Patient Advisory Council, you will meet others who have experienced similar health challenges, build your community of support, and potentially improve your quality of life by having an opportunity to create positive change.**



**Help doctors create resources to increase patient care and safety.**



**Join other patient advisors for community and to attend BMC2 and Patient Advisory Council Zoom meetings about 4 times per year.**



**Share your experience as a patient so those in health care can learn and improve their work.**

**BMC2 Patient Advisors are compensated for their time. They have given input to:**

- Help doctors and patients work together to make decisions about the best plan for care
- Create a toolkit to assist health care providers with resources for getting more patients to complete cardiac rehab through referrals and participation
- Improve discharge instructions to make them more user-friendly
- Create a plan for more mental health support for patients.

**“We need people like ourselves, who have actually been on the other side and are thriving and surviving with heart disease. To see that there are possibilities. That what’s still left in one’s life can be quality, as opposed to just quantity.”**

**- Greg, BMC2 Patient Advisory Council member**



**INTERESTED? GET IN TOUCH USING ONE OR MORE OF THE FOLLOWING OPTIONS.**

- SCAN THE QR CODE
- CALL (734) 998-6400
- EMAIL [INFO.BMC2@UMICH.EDU](mailto:INFO.BMC2@UMICH.EDU)

**[LEARN MORE AT BMC2.ORG](https://www.bmc2.org)**



Support for BMC2 is provided by Blue Cross and Blue Shield of Michigan and Blue Care Network as part of the BCBSM Value Partnerships program. Although Blue Cross Blue Shield of Michigan and BMC2 work collaboratively, the opinions, beliefs and viewpoints expressed by the author do not necessarily reflect the opinions, beliefs and viewpoints of BCBSM or any of its employees.