



Musings from a Patient Questionologist:
How might you partner with patients to innovate in your program in (hopefully) Post-Pandemic times?

► GREG MERRITT, PHD AND GP (GRATEFUL PATIENT)

► FOUNDER/OWNER: PATIENT IS PARTNER, LLC & INFORMATIONAL INTERVIEWING, LLC

► TWITTER: @PATIENTISPARD

► LINKEDIN: J GREG MERRITT, PHD

► EMAIL: GREG@PATIENTISPARTNER.COM

► WEB: PATIENTISPARTNER.COM

Disclosures

- ▶ Founder/Owner-- Patient is Partner, LLC
- ▶ PCORI funded PCORnet –patient rep at PaTH Clinician Research Network and Cardiac Rehab research home-based vs. virtual Comparative Effectiveness Research
- ▶ My Loves...



A Patient Questionologist's

AGENDA





why am i
HERE?

Musings from a
Patient
Questionologist

This Photo by Unknown Author is licensed under [CC BY-SA-NC](#)



Musings from a
Patient
Questionologist:

How might one live a
gifted second life?



**GOOD
HEALTH**

THE BENEFITS OF CARDIAC REHAB



AT
LEAST....

[https://twitter.com/search?q=cardiac%20%20\(from%3Apatientispard\)&src=typed_query](https://twitter.com/search?q=cardiac%20%20(from%3Apatientispard)&src=typed_query)



1. What if rather than patient-centered care, it was patient-partnered care? How might that change how you worked with patients as authentic partners?

2. What if EVERY program had cardiac rehab/therapy graduates as an integral part of your teams? What if they co-created innovations/experiments with the program manager/medical director? How might they help with orienting all new patients?

3. How might treating more like “college” be helpful for patients? (CR graduation theme song, “stop outs”- contacting stating only 6 more months to complete, Alums and giving back, etc.?)

4. How might changing the social identity of those who provide CR help with under-utilization– what if there were programs for minority students to join the field?

5. What if cardiac rehab/therapy graduates were offered to meet with local dog shelters to keep them walking after graduation? What about other “tiny experiments”– take BP in a circle with a “question of the day” to build a community, opportunities for finding “lunch buddies, workout partners, card players, other shared activities, etc?”

100

- ▶ **Contact Info:**
- ▶ **Greg@patientispartner.com**
- ▶ **Twitter: @patientispard**
- ▶ **Web: Patientispartner.com**
- ▶ **LinkedIn: Greg Merritt, PhD**

